

Ecología de las plantas acuáticas

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Manejo de humedales para técnicos en
México

Laguna Mexicanos
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What are Aquatic Plants?

- “growing in water or on a substrate that is at least periodically deficient in oxygen as a result of excessive water content” (Cowardin et al. 1979).
- Evolved from terrestrial plants, invading water in 50-100 separate events
- Approximately 60% of aquatic spp. have ranges on multiple continents
 - Due to moderate environmental conditions in water habitats
 - Often on certain latitudes N & S of equator, but not in between
 - Waterfowl seed dispersal



ADAPTATIONS TO GERMINATE, GROW, AND REPRODUCE IN WATER OR SATURATED SOIL THAT HAS LESS OXYGEN THAN AIR

Oxygen is critical to plant growth because they need it to produce energy

ADAPTATIONS TO LESS OXYGEN

- **Aerenchyma = tissue with large intercellular spaces**
 - Enables gas exchange between air and roots
 - Passive molecular diffusion (most prevalent)
 - Gases move from area of higher concentration to lower concentration
 - Pressurized ventilation: driven by temperature and water vapor pressure diff. b/w inside of leaves and surrounding air
 - O₂ in through small pores in leaves
 - Down stem to rhizomes
 - CO₂ up stems of older leaves & out their large stomatal pores
 - *Nuphar lutea* (yellow water lily)
 - May be 50-60% of root area in flood-tolerant plants
 - Some invertebrates tap into this to respire
 - Coleoptera larvae (*Donacia* sp. - Chrysomelidae)
 - Diptera larvae (*Mansonia* sp. – Culicidae & *Chrysogaster* sp. – Syrphidae)



ADAPTATIONS TO LESS OXYGEN

- **Stems**

- Elongation to access light, O₂, CO₂
 - *Sagittaria latifolia* (arrowhead)

- **Leaves**

- Some float off long stems, spread out to access light, O₂, CO₂
- Heterophylly
 - Emergent leaves ovate/elliptic/rounded
 - Submerged leaves ribbon-like/dissected
 - *Ludwigia palustris* (marsh seedbox), *Sagittaria* (arrowhead)

Ludwigia palustris



ADAPTATIONS TO LESS OXYGEN

- **Adventitious Roots**

- Adventitious = laterally from base of main stem
 - Often in response to flooding
 - Spread into surface soil layer
 - Replace deep roots that die b/c anoxia
 - Stabilize & increase O_2 to roots
 - Aid in nutrient and water uptake
 - *Salix* (willow), *Rumex* (dock)
- Shallow rooting
 - Roots concentrated near surface
 - Allows access to NO_3^- (nitrate), and O_2

Rumex crispus



- **Rhizomes**

- Nutrient and carbohydrate translocation
- Larger carbohydrate storage allows more ATP production for cell metabolism
- *Schoenoplectus* (bulrush), *Typha* (cattail)

WHY IS OXYGEN IMPORTANT?

- Plants need oxygen to produce energy
- Active cells require 2 million molecules of ATP (energy) per second for biochemical processes
 - Aerobic Respiration
 - Optimal net yield of 36 ATP molecules per glucose molecule
- Aquatic plants have many adaptations to access oxygen in the air and water
- Many aquatic plants can produce energy without oxygen
 - Less efficient, but important adaption to tolerate periods of extended flooding
 - Anaerobic Respiration
 - Produces 2 ATP molecule per glucose molecule

TOLERANCE TO LACK OF OXYGEN

Species	Anoxia Endurance (days)	Shoot Elongation
Beaked sedge	4	None
Common rush	4-7	None
Common spike rush	7-12	None
Umbrella sedge	7-14	None
Reed switchgrass	7-21	Occasional
Common reed (<i>Phragmites</i>)	>28	None
Broadleaf cattail	>28	Frequent
Reed canary grass	>28 ?	
Three-square bulrush	>28	Frequent
Soft-stem bulrush	>90	Frequent
Hard-stem bulrush	>90	Frequent

CONTROL OF ANOXIA TOLERANT PLANTS DRY IT OUT!



IS THIS DRY?



IF YOU CAN'T DRY IT OUT...

Can improve it, but system
processes are still
compromised



ANOXIA TOLERANCE TO YOUR BENEFIT

RE-FLOODING IN MOIST-SOIL

Shallow (2-5 cm) re-flooding when plants 10-15 cm

- Promotes growth of:
 - Millet
 - Sedges
 - Smartweed
- Good control for cocklebur
 - Stress plant
 - Likely won't set seed
- Less tolerant species:
 - Panic grass
 - Crab grass
 - Beggarticks



OTHER ADAPTATIONS

- **Nutrient Acquisition**

- Mycorrhizae = symbiotic fungi
 - Increases P, N, K⁺ available for plant, takes carbohydrates from roots
 - Occurrence decreases as water depth increases
- N-fixing bacteria in root nodules
 - Increases nitrogen available to plant
 - *Sesbania* (legumes), *Alnus* (alder), mangroves
- Carnivorous plants
 - Mechanism to entrap animal prey
 - Nutrients from prey assumed to ↑ fitness
 - Bladderwort (*Utricularia*)



OTHER ADAPTATIONS

- **Allelopathy**

- Chemical compounds (alkaloids, terpenoids, flavonoids)
- Root exudates
- Leached from leaves or litter
- Inhibit germination, growth, or chlorophyll content of other species
- Chemicals are “expensive” to make, so may produce more under crowding stress

- *Typha* (cattail)
- *Cyperus* (flatsedge)
- *Eleocharis* (spikesedge)
- *Polygonum* (smartweed)
- *Nuphar* (water lotus)



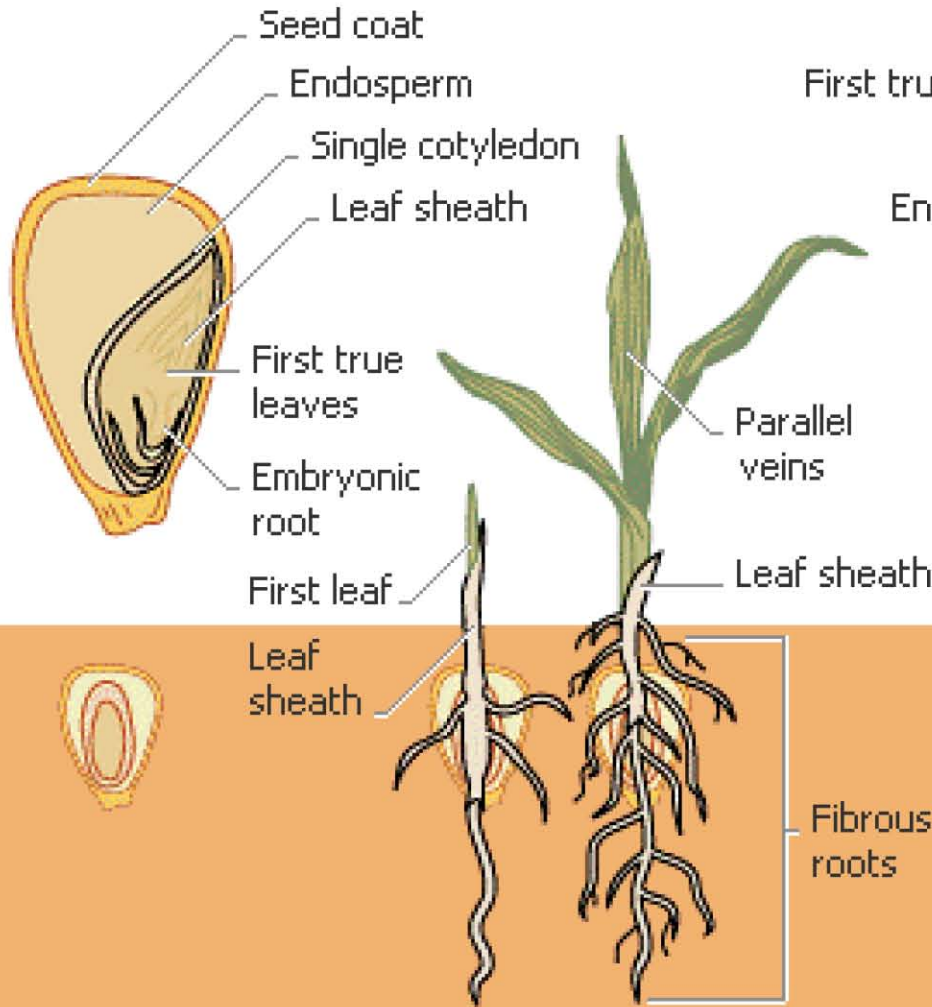
Nuphar (water lotus)

FLOWERING PLANTS

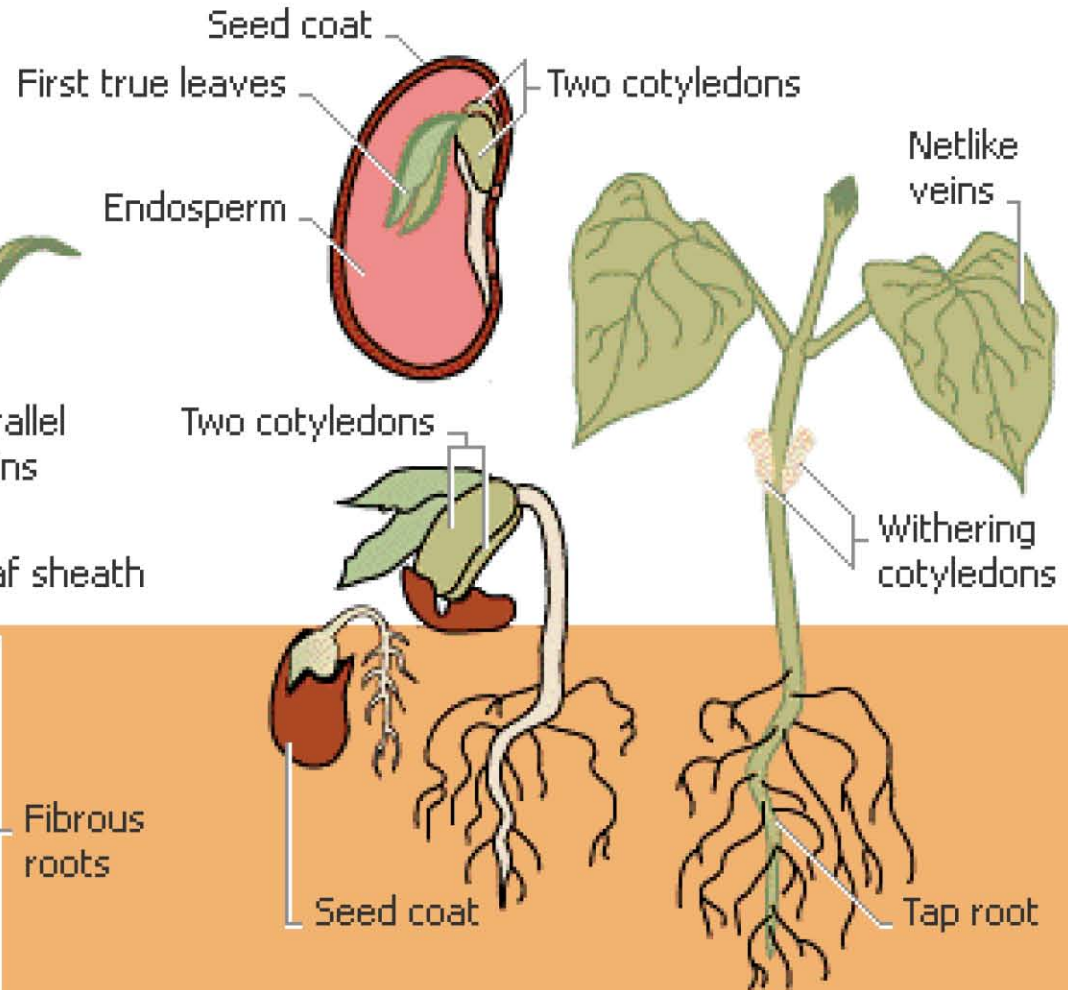
Grasses & Sedges

Broad-leaved Plants

Monocotyledon (corn)



Dicotyledon (bean)



GRASSES & SEDGES

(Monocots)

- Flower parts in 3's (or multiples of)
- Leaves with parallel venation
- Basal meristematic tissue
- Other examples of monocots
 - Waterlily
 - Arrowhead



BROAD-LEAVED PLANTS

(Dicots)

- Flower parts in 4's & 5's (or multiples of)
- Leaves with net venation
- Distal meristematic tissue



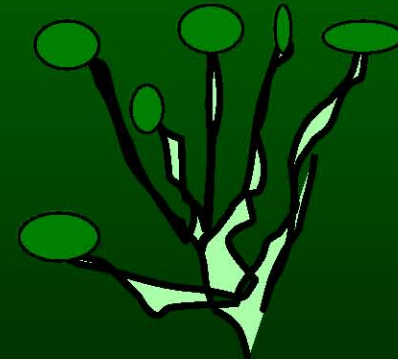
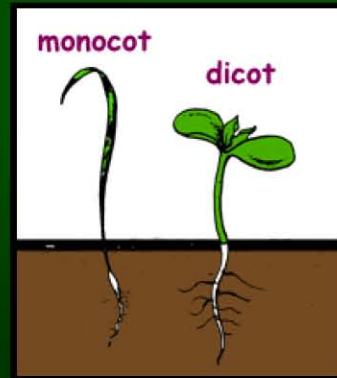
Why does it matter?

GROWING POINT
AT BASE



MONOCOTS

GROWING POINT
AT TIP

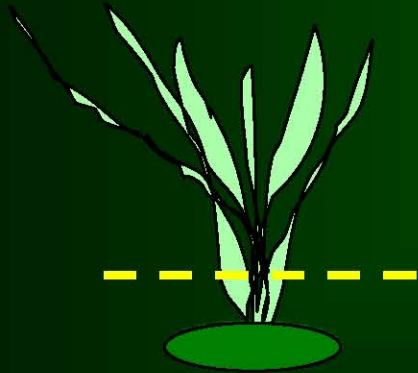


DICOTS

Why does it matter?

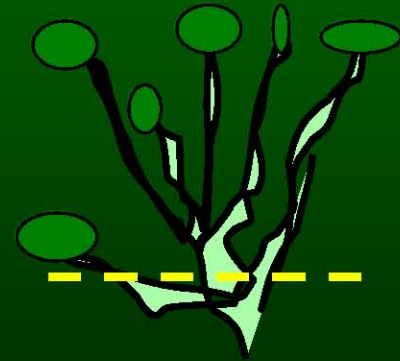
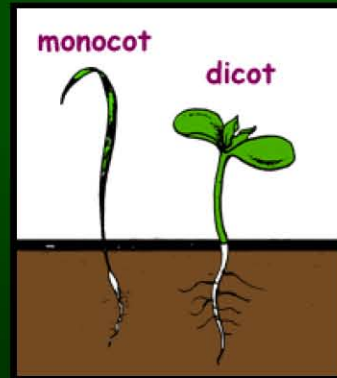
Effects of mowing

GROWING POINT
AT BASE



MONOCOTS

GROWING POINT
AT TIP



DICOTS

ANNUALS VS. PERENNIALS

ANNUALS

- Complete life cycle in 1 year
- Early successional species
- Colonize disturbed areas
- Reproduce by seed (prolific)
- Seeds remain viable for many years



PERENNIALS



- Survive few to many years
- Reproduce by seed, vegetatively, or sometimes both
- Store nutrients and carbohydrates in rhizomes
- Can tolerate extended flooding

ANNUALS VS. PERENNIALS

Why does it matter?

HABITAT

- Promote desirable species
- Control undesirable species
 - Perennials: Need to reduce underground biomass & nutrient reserves
 - Annuals: prevent or minimize future germination events



TIMING OF CONTROL

Annuals

Energy into growth and seed production

Prevent seeding

Mowing

Tilling/disking

Re-flooding

Perennials

Energy into growth, seed production

Energy into rhizomes
(storage for next year)

Reduce nutrient storage

May be able to reduce competitive advantage by mowing after plants flower

CONTROL OF LOTUS



Herbicide
Drawdown
Drawdown

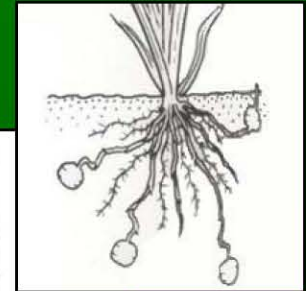
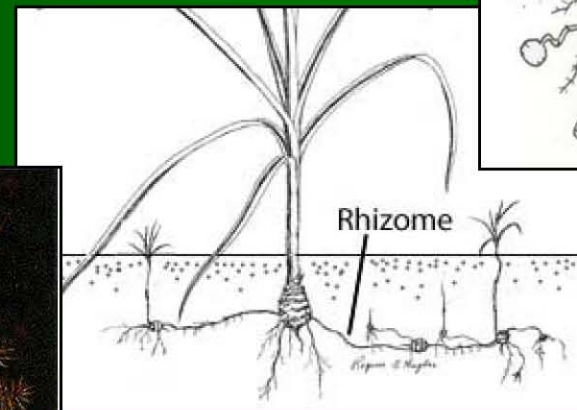


ANNUALS VS. PERENNIALS

Why does it matter?

WATERFOWL FORAGE

- Where are nutrients concentrated in plants?
 - Seed production
 - Tubers/rhizomes
- Are these nutrients readily available to waterfowl?
 - Timing
 - Accessibility



Bidens spp. SEEDS

Nutrient	Low	Average	High
Energy (kcal/g)			
Fat			
Ash (mineral content)			
Fiber (least digestible)			
Carbohydrates (NFE)			
Protein			



© Norman Melvin @ USDA-NRCS PLANTS Database

Robert H. Mohlenbrock @ USDA-NRCS PLANTS



Steve Hurst @ USDA-NRCS PLANTS Database



Steve Hurst @ USDA-NRCS PLANTS Database

Rumex spp.

Nutrient	Low	Average	High
Energy (kcal/g)			
Fat			
Ash (mineral content)			
Fiber (least digestible)			
Carbohydrates (NFE)	?	?	?
Protein			

Rumex salicifolius (willow dock)



Carpeneto and Saul 2010



Jose Hernandez @ USDA-NRCS PLANTS Database

Rumex aquaticus (western dock)

Sagittaria spp.

TUBERS

Nutrient	Low	Average	High
Energy (kcal/g)			
Fat			
Ash (mineral content)			
Fiber (least digestible)			
Carbohydrates (NFE)			
Protein			

Sagittaria latifolia (arrowhead)



Pierce County Public Works and Utilities, WA

Chufa flatsedge

Nutrient	Low	Average	High
Energy (kcal/g)			
Fat			
Ash (mineral content)			
Fiber (least digestible)			
Carbohydrates (NFE)			
Protein	Depends on time of year		

Cyperus esculentus
(yellow nutsedge)



Native to lower 48

Roots

- From annuals and perennials
- High in protein - new growth most nutritious
- Tremendous potential for biomass

Leaves

- From annuals and perennials
- Most nutritious early in growing season or just after establishment

Duckweed

LEAVES

Nutrient	Low	Average	High
Energy (kcal/g)			
Fat			
Ash (mineral content)			
Fiber (least digestible)			
Carbohydrates (NFE)			
Protein			

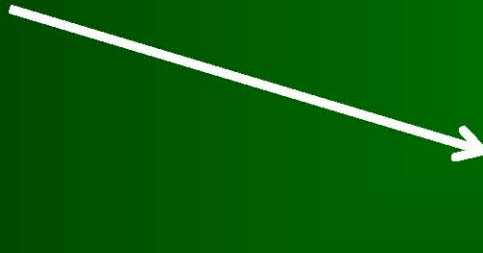
Lemna minor (common duckweed)



Washington Dept. of Ecology

AVAILABILITY OF PLANT FOODS

- Habitat structure
- Water depth



Habitat Use by Waterbirds

No. of Species	Water Depth
34	<4 in
24	2-10 in
19	> 10 in



VEGETATION STRUCTURE

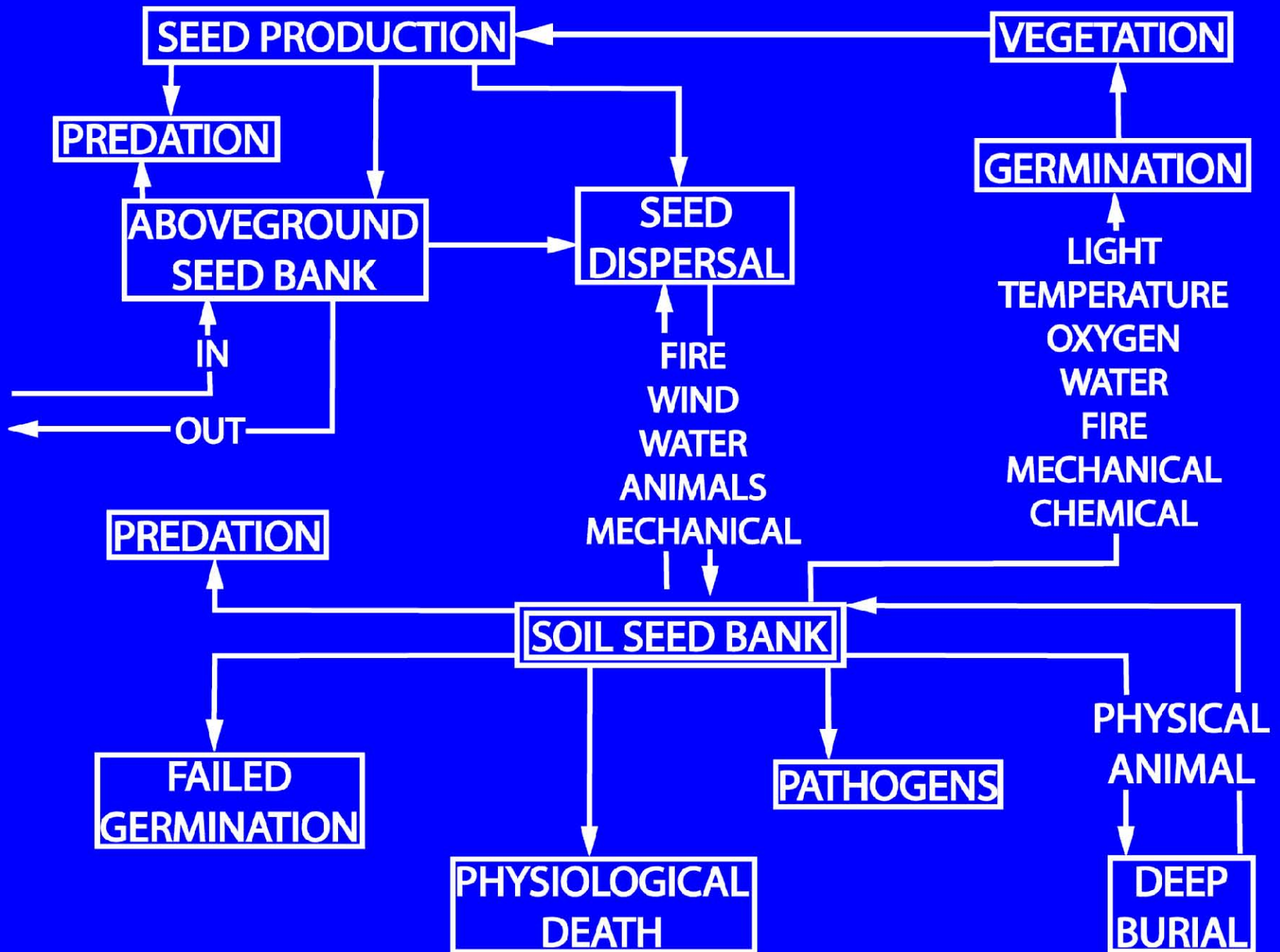
- Nesting
 - Tall or short robust plants
 - Protection from wind
 - Protection from water fluctuation
 - Materials for nests
- Courtship
 - Isolation of the individual from flocks
 - Predator protection
- Microclimate
 - Moderation of ambient temperature
 - More favorable energy balance
- Invertebrates
 - High vegetation complexity is best for high invertebrates
 - Submerged structure very important

SEED BANK

SEED BANK

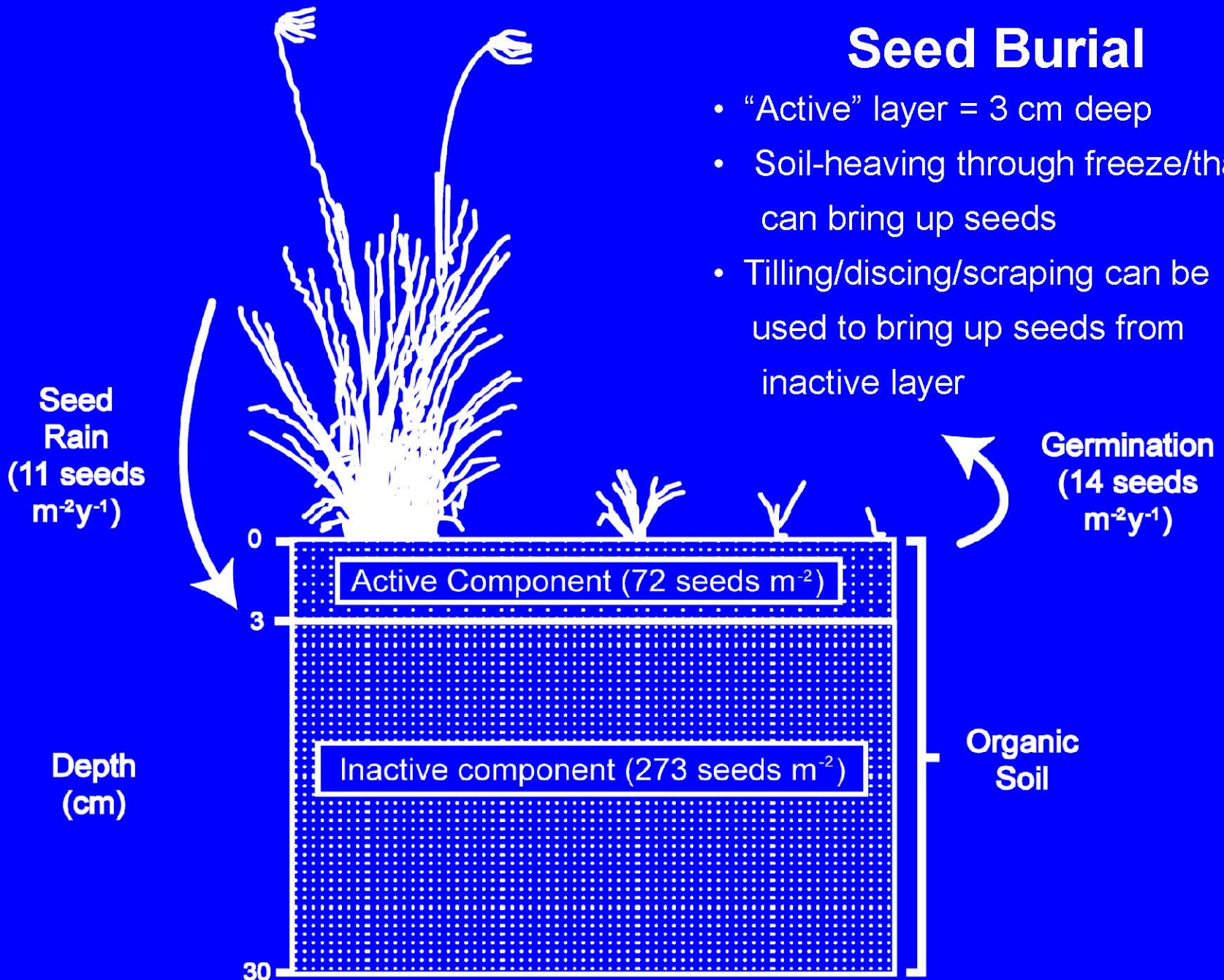
All viable seeds and/or propagules
present on or in the
soil and associated litter





Seed Burial

- “Active” layer = 3 cm deep
- Soil-heaving through freeze/thaw can bring up seeds
- Tilling/discing/scraping can be used to bring up seeds from inactive layer



Species	Age (years)	Naturally Preserved	Natural Field Conditions	Location
<i>Lupinus arcticus</i> (Arctic Lupin)	10,000	+		Yukon Territory
<i>Chenopodium album</i> (Lambsquarters)	1,700	+		Scandinavia
<i>Spergula arvensis</i> (Corn spurry)	1,700	+		Manchuria, Tokyo, Great Britain
<i>Nelumbium nucifera</i> (Indian lotus)	100 – 3,000	+		Argentina
<i>Canna compacta</i>	550	+		Michigan
<i>Rumex crispus</i> (Curled dock)	80		+	Michigan
<i>Oenothera biennis</i> (Evening primrose)	80		+	Michigan
<i>Amaranthus retroflexus</i> (Redroot pigweed)	>30		+	Michigan
<i>Setaria media</i> (Bristlegrass)	>30		+	Michigan
<i>Agrostis vulgaris</i> (Colonial bentgrass)	<10		+	Virginia
<i>Grindelia squarrosa</i> (Curlycup gumweed)	<10		+	Virginia

Size & Diversity of Wetland Seed Banks

WETLAND TYPE	DENSITY (x/m ²)	RANGE (x/m ²)	SPECIES RICHNESS	LOCATION	REFERENCE
FRESH	29,753	10,875 - 36,230	45	IOWA	VAN DER VALK AND DAVIS (1978)
FRESH	110,000	42,000 - 255,000	50	IOWA	VAN DER VALK AND DAVIS (1979)
TEMPORARY	17,943	11,455 - 24,430	21	NEW JERSEY	MCCARTHY (1987)
BRACKISH	3,577	93 - 8,253	34	MANITOBA	PEDERSON (1981)
LAKESHORE	10,089	1,862 - 19,798	41	ONTARIO	KEDDY AND REZNICEK (1982)
RIVERINE SWAMP	2,576	759 - 4,392	59	SOUTH CAROLINA	SCHNEIDER AND SHARITZ (1986)
SALT	191	50 - 430	3	UTAH	KADLEC AND SMITH (1984)

Seed Bank & Standing Veg. Species Diversity

Wetland type	Seed Bank	Veg	Total	Location	Reference
Fresh	45+	34	48	Iowa	Van Der Valk & Davis (1978)
Temporary	21	29	31	New Jersey	McCarthy (1987)
Brackish	29+	18	35	Manitoba	Pederson (1981)
Lakeshore	41	45	50	Ontario	Keddy & Reznicek (1982)
Riverine Swamp	59	49	73	S Carolina	Schneider & Sharitz (1986)
Salt	9	14	15	Utah	Kadlec & Smith (1984)

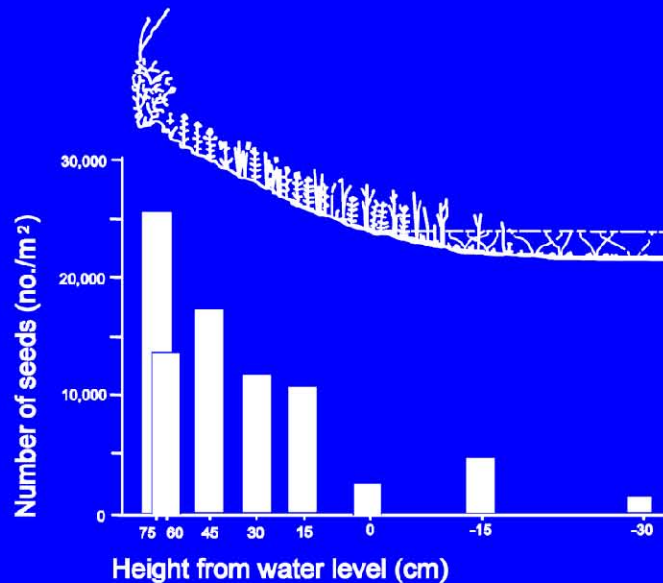
DISTRIBUTION OF SEED BANKS

Wilson's Lake

vs.

Playa Wetlands

SEED DENSITIES ALONG AN ELEVATIONAL GRADIENT
WILSON'S LAKE, NOVA SCOTIA



FROM WISHEU AND KEDDY (1991)

- Relatively uniform seed density along elevation gradient
 - Short linear gradient with a flat bottom
 - Seed dispersal may be accentuated by frequent rise and fall of water levels
 - Wind may distribute seeds during dry phases

Using Seed Banks to Your Benefit

Success depends on:

1. Presence of seeds of preferred species
2. Suitable conditions for germination and establishment of preferred spp.
3. Absence of seeds of unwanted species, or these seeds are uncommon
4. Conditions for germination and establishment of unwanted species are not met



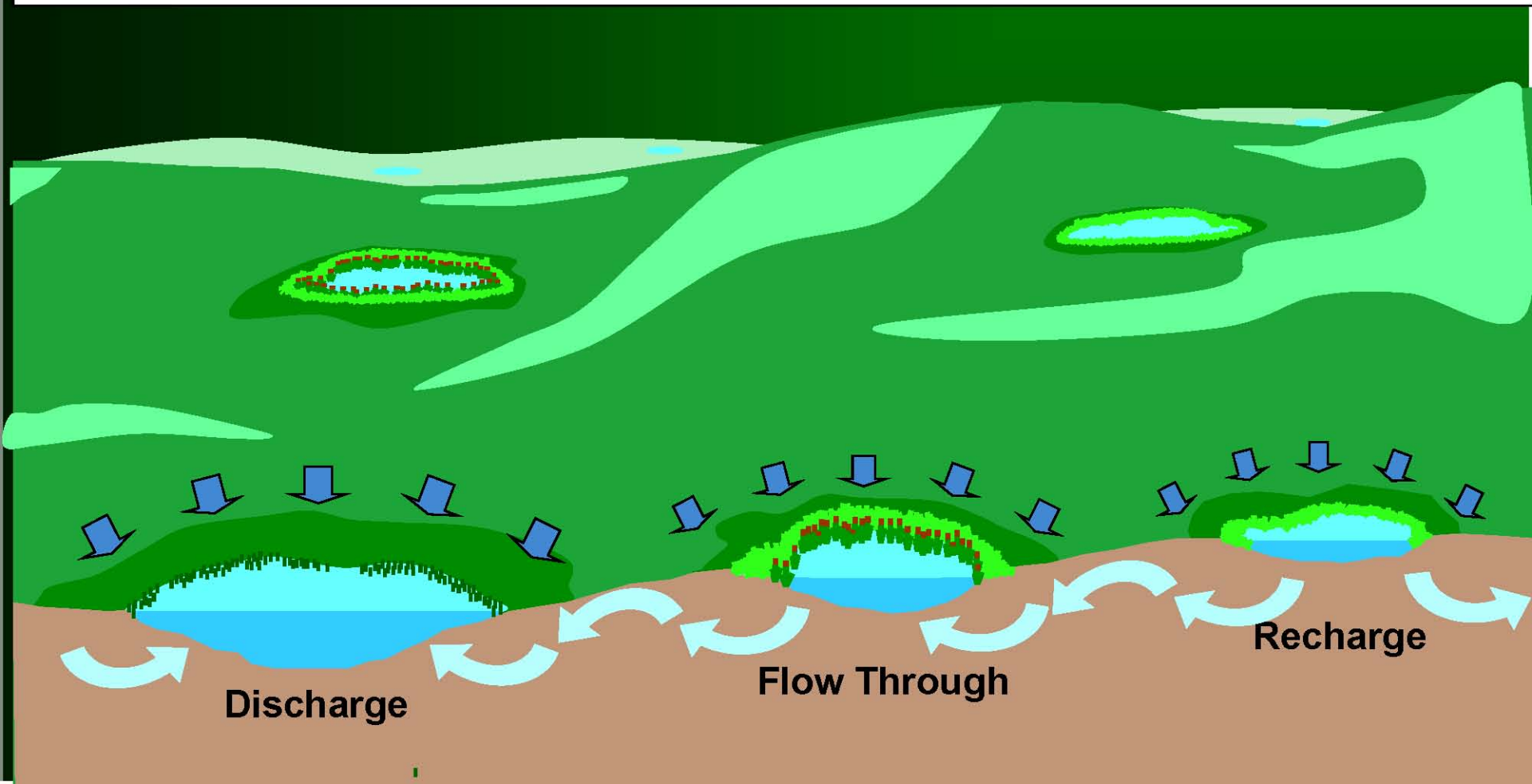
WHAT TO CONSIDER

Influences on Aquatic Plant Communities

- Position in Landscape
- Climate & Hydrology
- Soils
- Light
- Temperature
- Water chemistry

Wetlands in the Landscape...

Relationship with Hydrology



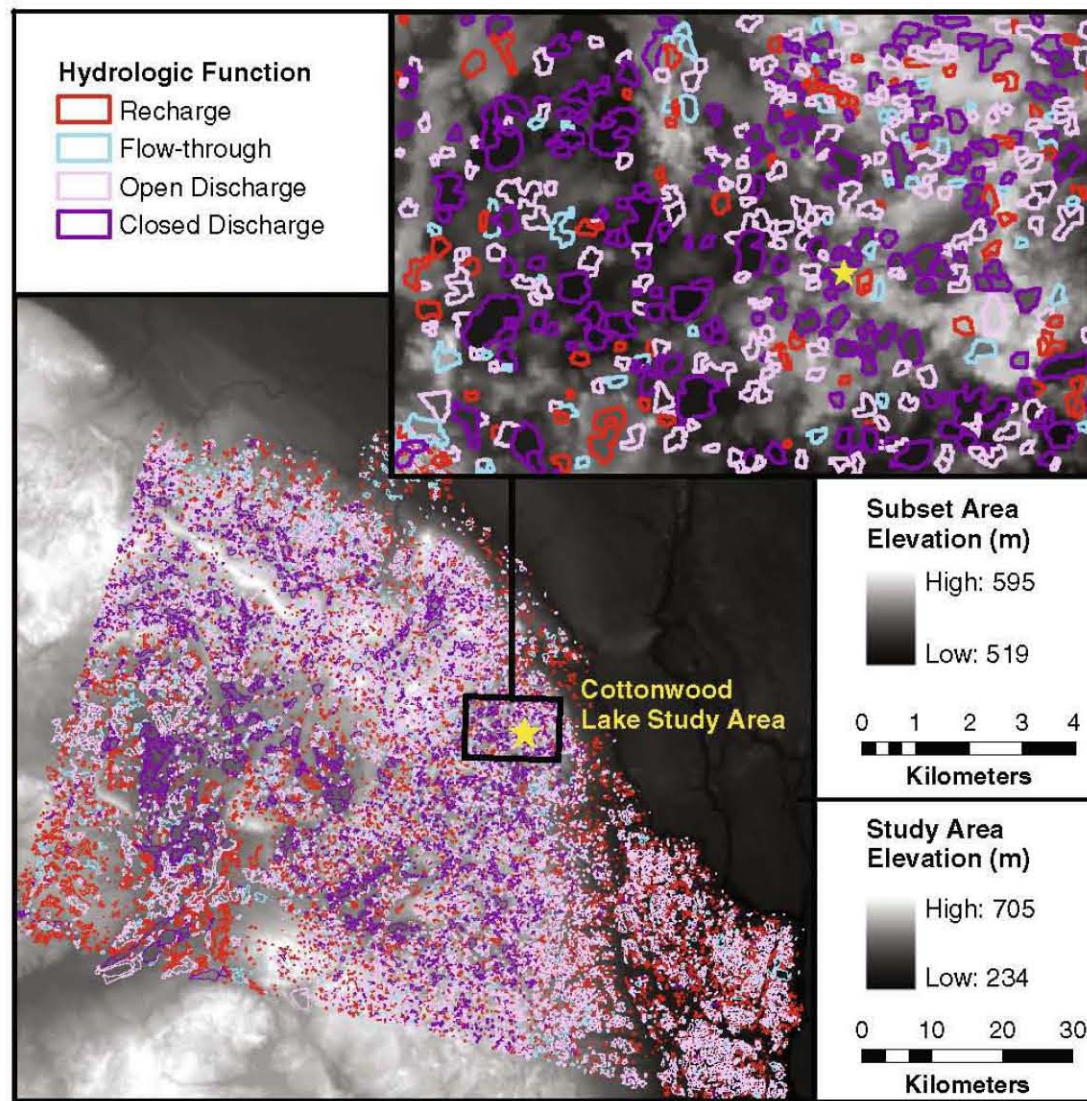


Fig. 5 Classification of hydrologic function in the Missouri Coteau and a subset area containing CLSA



Carex utriculata
(northwest territory sedge)



Juncus arcticus (syn; *J. balticus*)
(mountain rush)



Hordeum jubatum
(foxtail barley)

Carex diandra
(lesser paniced sedge)



Distichlis spicata
(saltgrass)



Suaeda sp. (seepweed)
Salicornia rubra (red swampfire)

increasing salinity



CLIMATE AND HYDROLOGY

- Intra-annual (timing of hydrologic inputs)
 - Early vs. late
 - Duration of inputs
- Inter-annual (wet vs. dry year)
- Inter-decadal (e.g., 1930s US drought; 1950s US and Mexico drought)
- Other weather conditions
 - Above or below average temperatures
 - Wind

HYDRO-PERIOD

Open Water
(Aquatic Bed)

Deep Marsh
(Emergent)

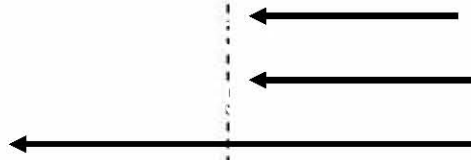
Shallow Marsh
(Emergent)

Wet Meadow

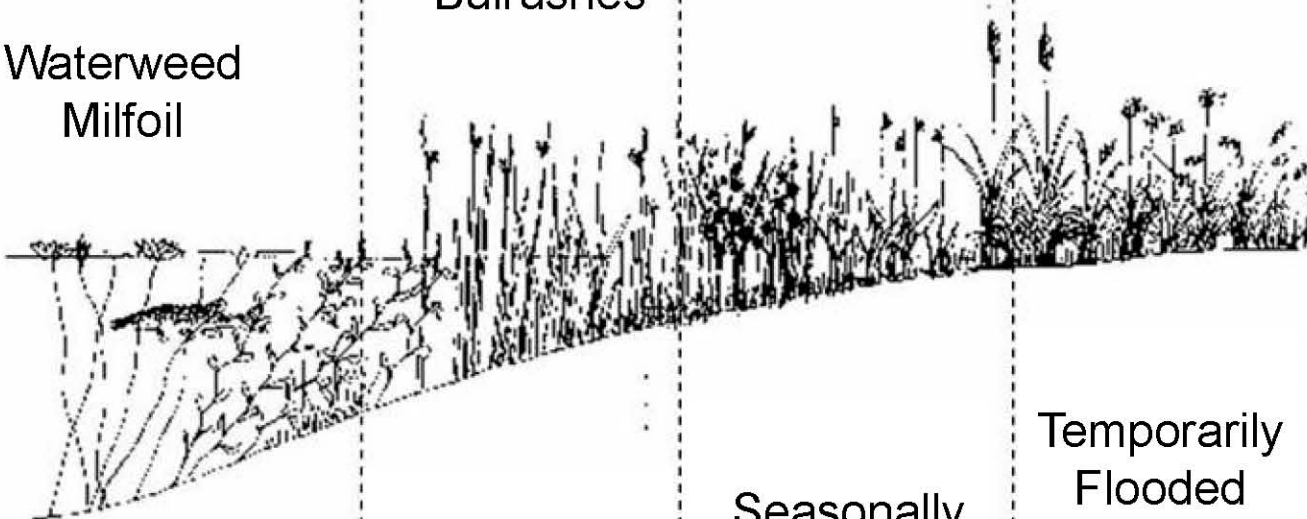
Water lily
Lotus
Pondweeds

Cattails
Bulrushes

Grasses
Rushes
Sedges



Waterweed
Milfoil



Temporarily
Flooded

Seasonally
Flooded

Semi-permanently
Flooded

Permanently
Flooded

Scrub/Shrub
Wetland

Forested Wetland

Upland Buffer



Hydic soil
characteristics

Silky Dogwood
Red-osier Dog-
wood
Highbush Blue-
berry
Northern Arrow-
wood

Hydic soil
characteristics

Sweet Pepperbush
Spicebush
Swamp White Oak
Red Maple
Green Ash
Black Ash
Black Gum

Non-hydric soils

White Pine
Eastern Hemlock
Shadblow/
Serviceberry
Sweet Fern
Gray Birch
Gray Dogwood

Seed Bank & Climatic Conditions

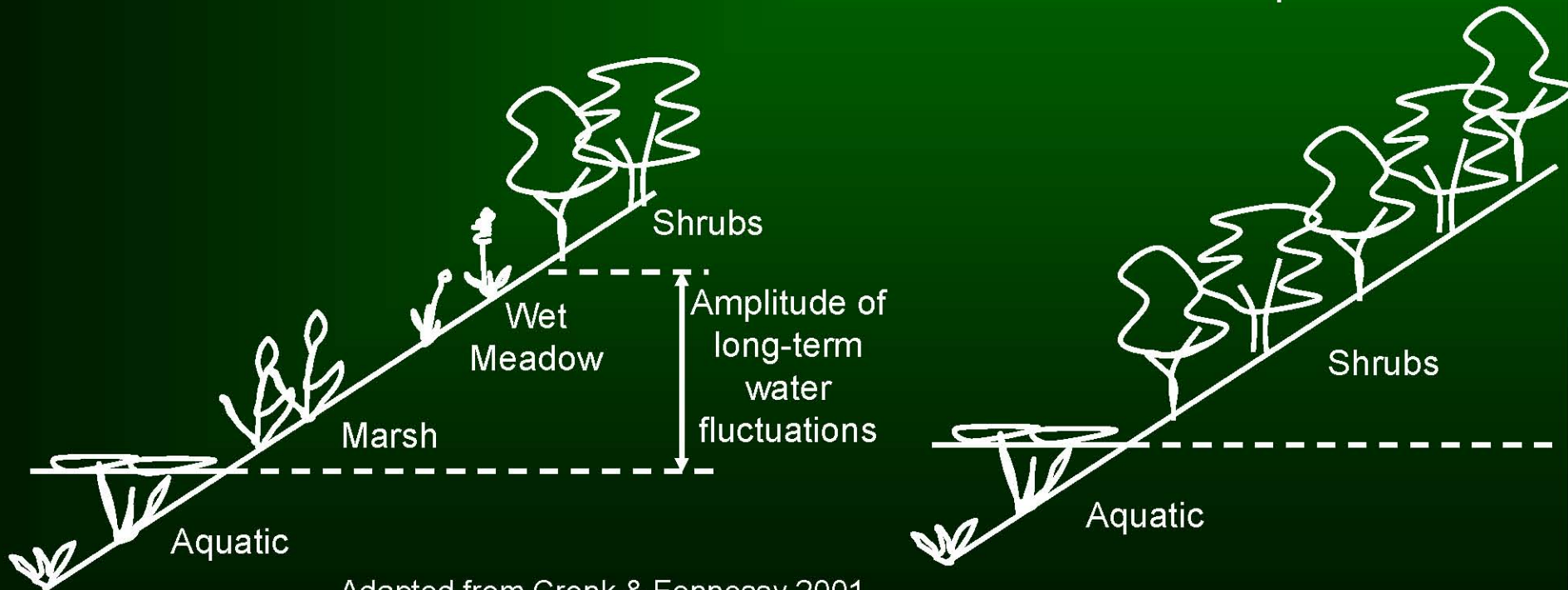
Carolina Bays

Carolina Bay	Species in Seed Bank	1999 Vegetation (Wet)	2002 Vegetation (Dry)	Seed Bank never in Vegetation
SRS Bay 3	80	21	32	61 (76%)
SRS Bay 31	55	15	29	39 (71%)
SRS Bay 78	63	21	18	48 (76%)
SRS Bay 176	67	24	32	41 (61%)
Average	66	20	28	47 (71%)

DYNAMIC WATER VS. STABLE WATER

- Increases plant spp. & community diversity
- Increase habitat interspersions (e.g., emergent veg and water)
- Increase niches available for waterbird foraging and nesting

- Allow monospecific vegetation stands &/or one structural type
- Increase # and dominance of exotic/aggressive perennials
- Reduce or eliminate wet meadow and/or marsh zone
- Decrease fungal or pollinator mutualistic relationships

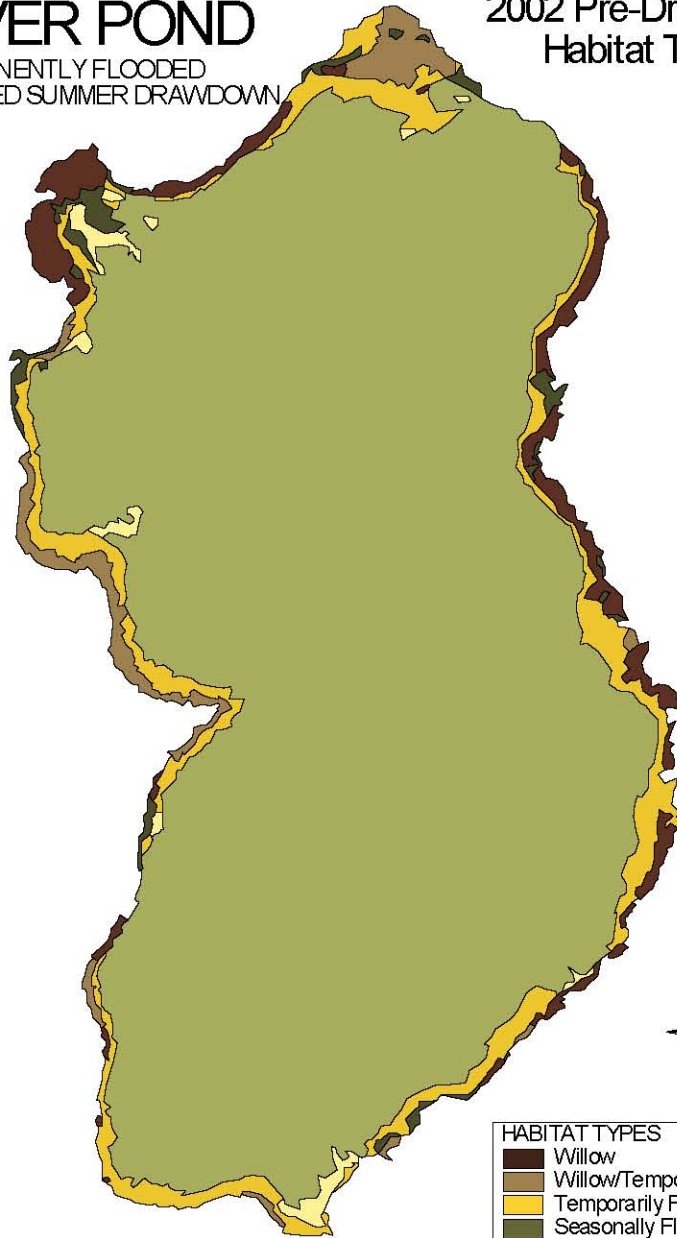


Adapted from Cronk & Fennessy 2001

BEAVER POND

PERMANENTLY FLOODED
WITH MANAGED SUMMER DRAWDOWN

2002 Pre-Drawdown
Habitat Types



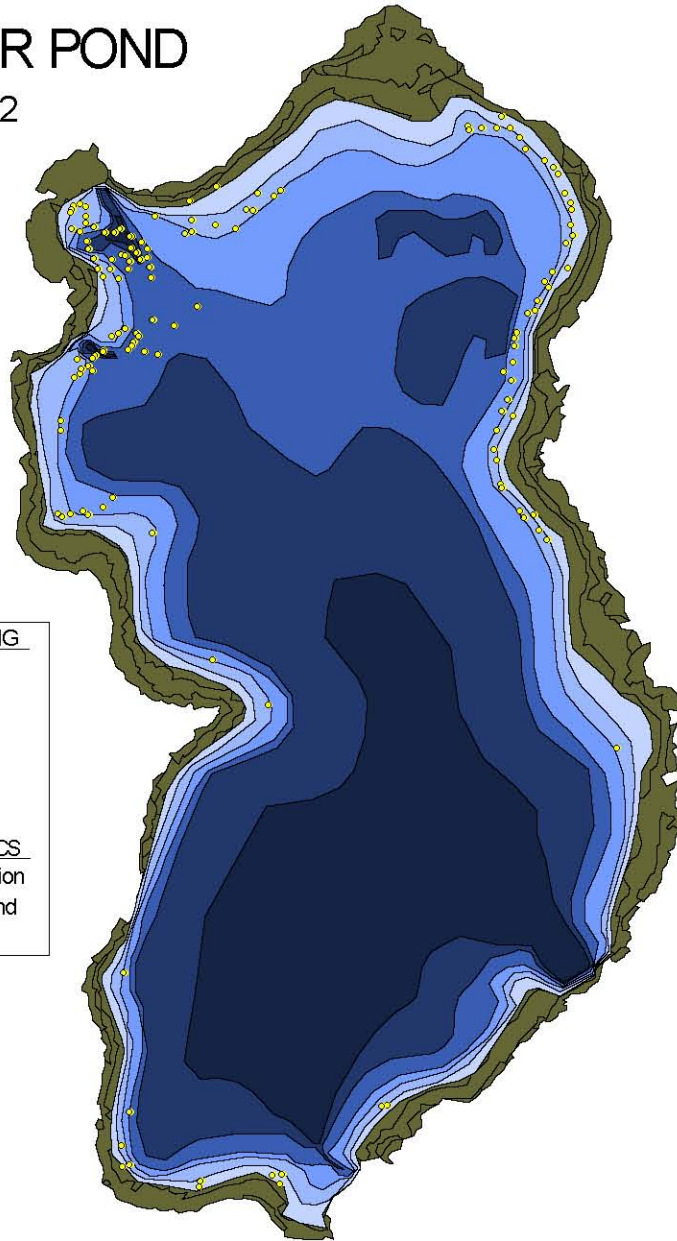
HABITAT TYPES	
Dark Brown	Willow
Medium Brown	Willow/Temporarily Flooded
Yellow	Temporarily Flooded
Light Green	Seasonally Flooded
Pale Yellow	Open Water/Submergent Veg
Medium Green	Waterlily



STABILIZED WETLAND DRAWDOWN RESPONSE

BEAVER POND

2002



2002 EXTENT OF FLOODING

- MAY
- JUNE
- JULY
- AUGUST
- SEPTEMBER
- OCTOBER

HABITAT CHARACTERISTICS

- Cattail Germination
- Extent of Wetland Vegetation

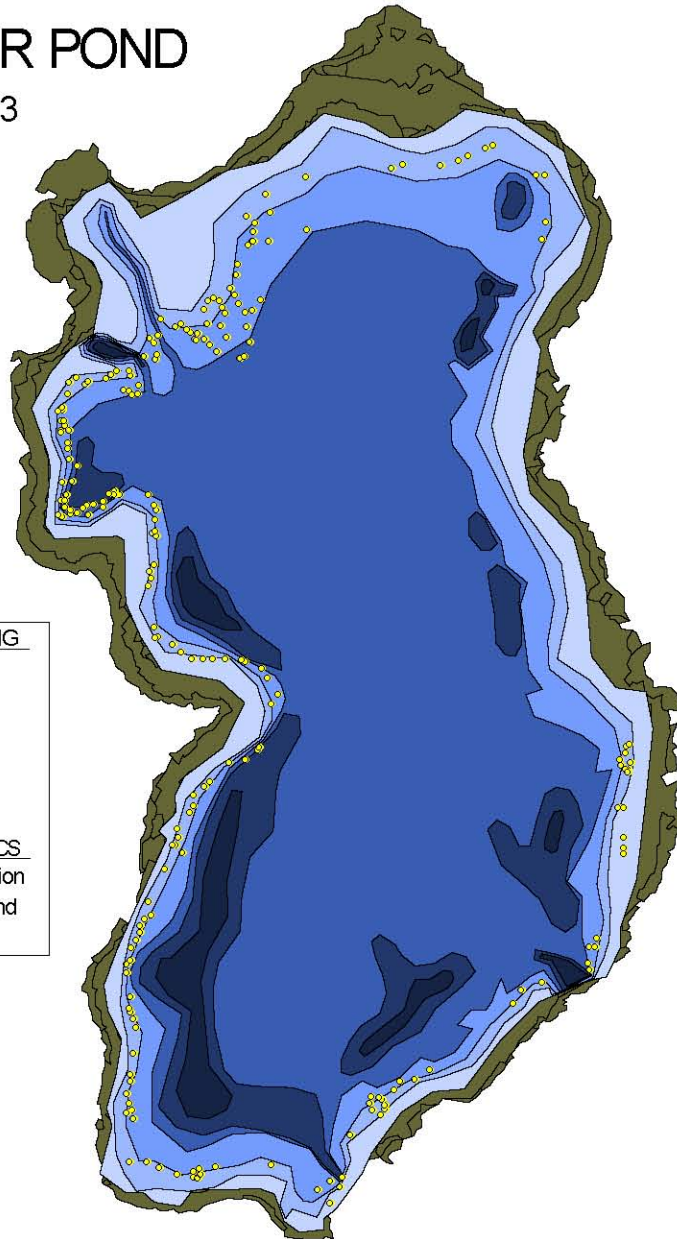


50 0 50 100 150 200 250 300
Meters

GERMINATION
REPOSE TO
DRAWDOWN
Year 1

BEAVER POND

2003



2003 EXTENT OF FLOODING

- MAY
- JUNE
- JULY
- AUGUST
- SEPTEMBER
- OCTOBER

HABITAT CHARACTERISTICS

- Cattail Germination
- Extent of Wetland Vegetation



GERMINATION RESPONSE TO DRAWDOWN Year 2

Key Factors Observed

Soil temperature

Soil moisture

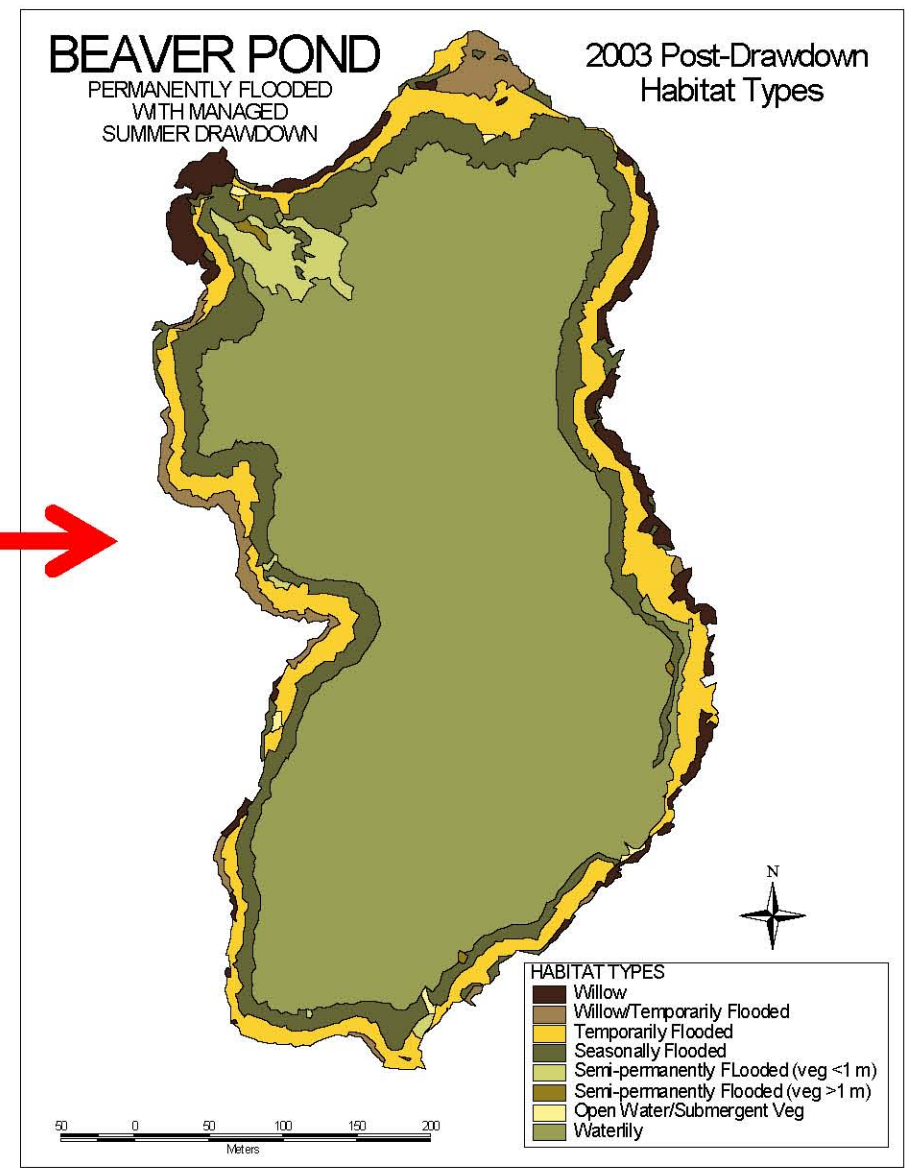
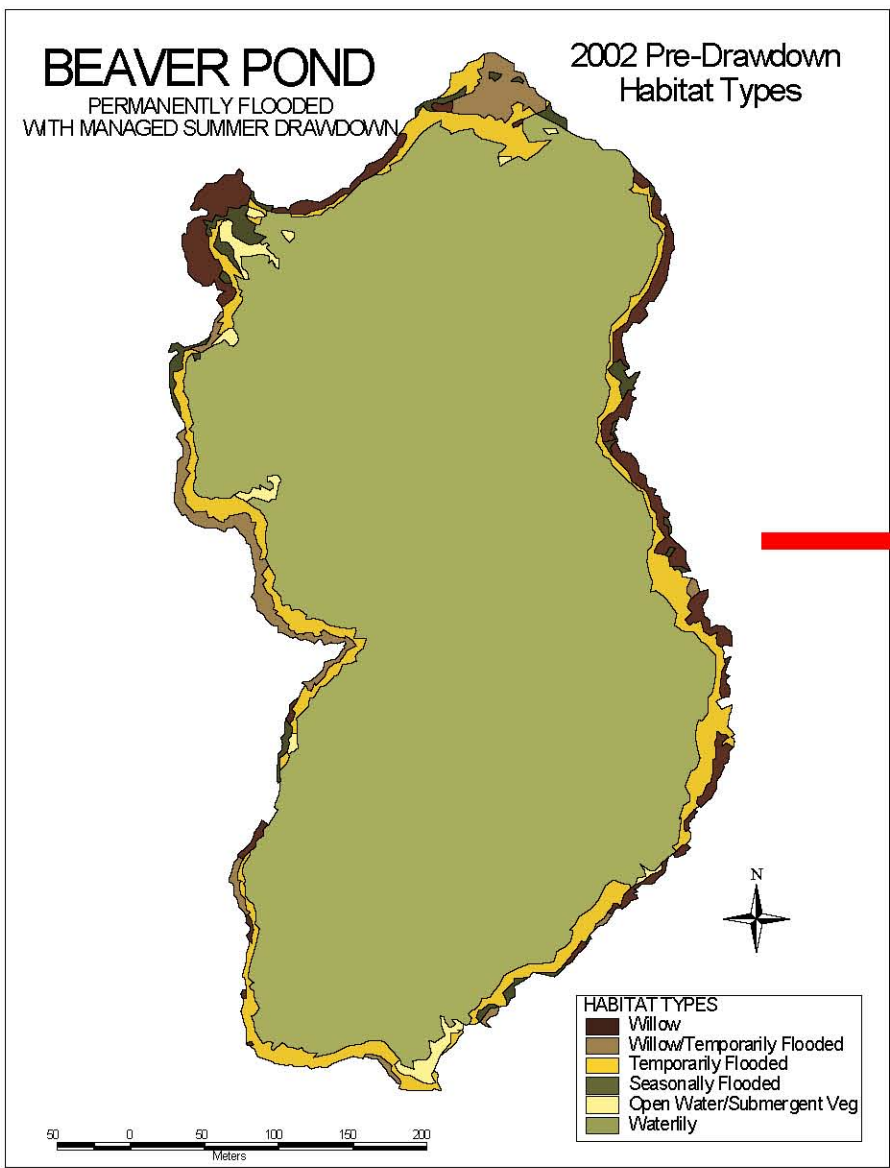
Organic matter

Cattails – warm saturated

Sedges – cooler saturated

High organic matter
dried out quickly and
seedlings died.

AFTER 2 YEARS



11 years of “natural” water fluctuations at Beaver Pond
= substantial increase in emergent vegetation
= interspersed of cattail, spikerush, baltic rush & sedges

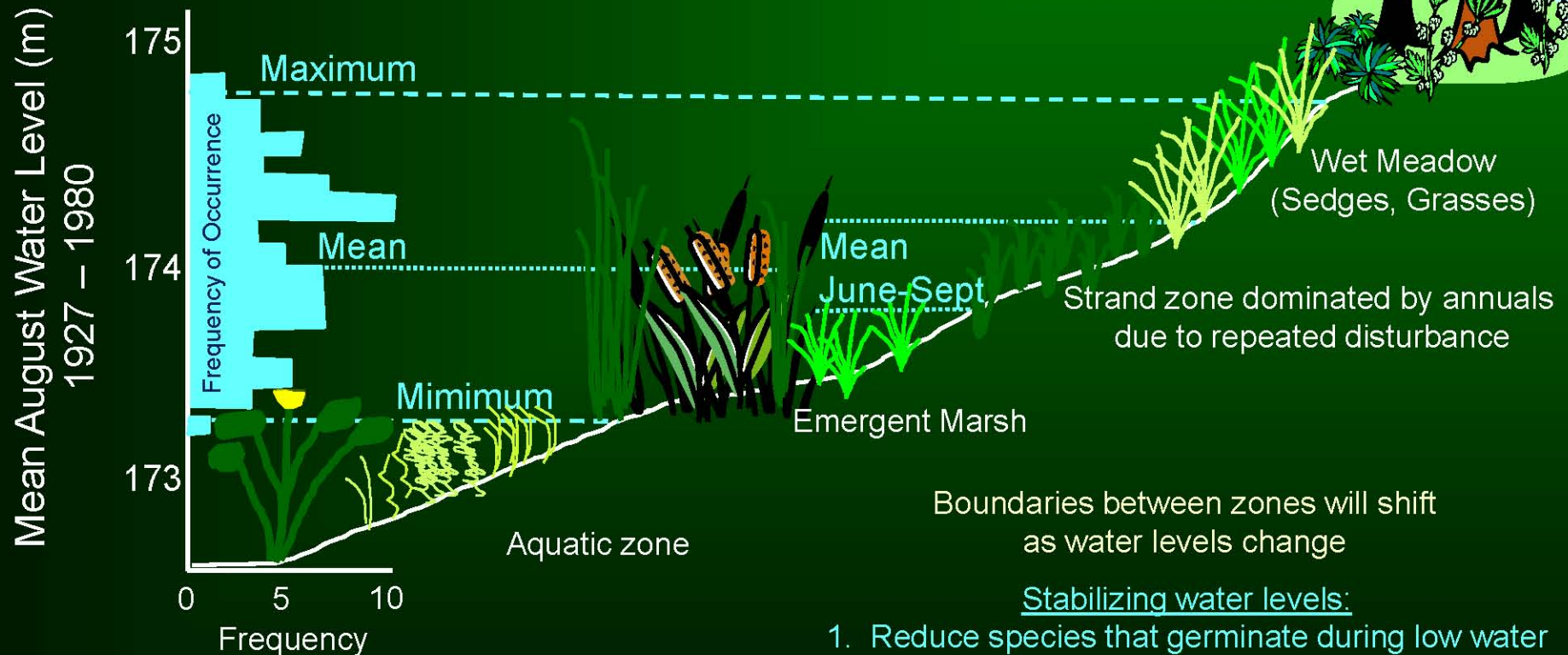


Variable Water Levels & Vegetation

Coastal Great Lakes

Adapted from Keddy and Reznick (1986)

Slope, substrate type, & wave action will influence species composition and width of each zone



Stabilizing water levels:

1. Reduce species that germinate during low water
2. Increase dominance of woody plants and cattails

SOIL

SOIL

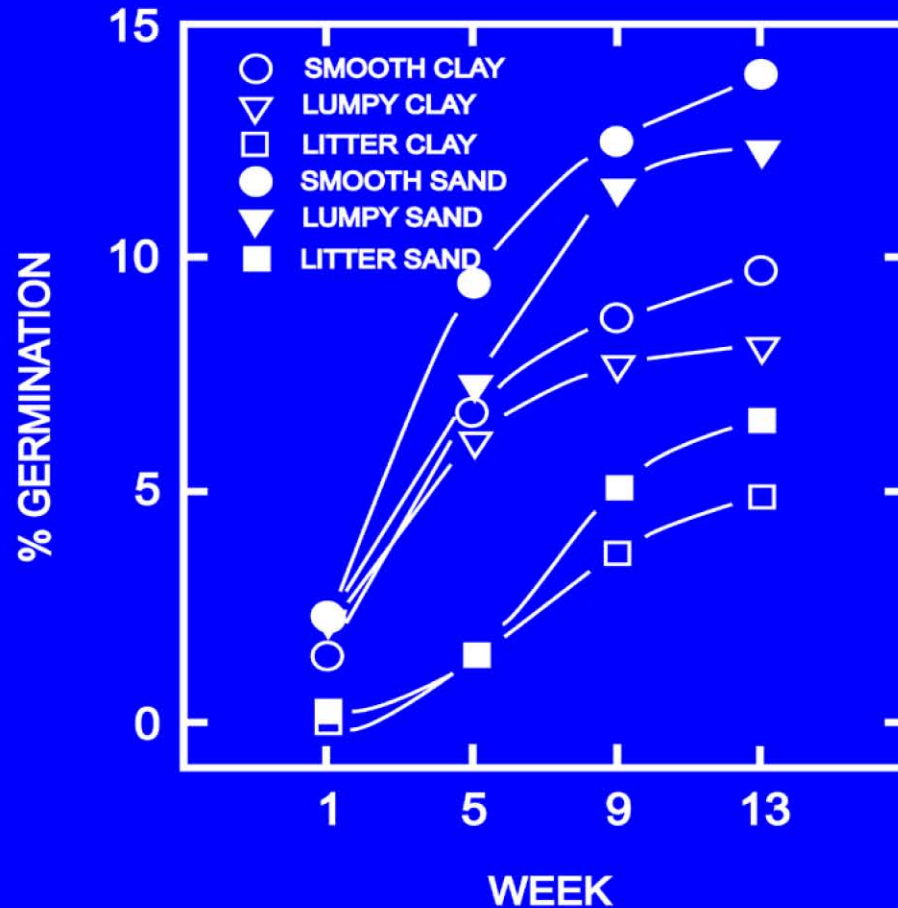


SOIL

- Soil temperature
- Soil moisture and texture
 - Capillary fringe
 - Pull water higher with tighter pores
 - Sand = 0-3 in.
 - Silt = 0.5-5 ft.
 - Clay = 5-10 ft.
 - Shrink/swell capacity of clays can result in a variety of niches for germination
- Organic content



Variable Germination Depending on Soil Type



Boltonia = white doll's daisy

Germination of *Boltonia decrens* at 4-week intervals over a 13-week period on smooth clay (open circle), smooth sand (filled circle), lumpy clay (open triangle), lumpy sand (closed triangle), litter-covered clay (open box), and litter-covered sand (closed box).

SOIL TEMPERATURE

- Soil Stratigraphy
- Soil Texture
- Soil Color
- Organic Content

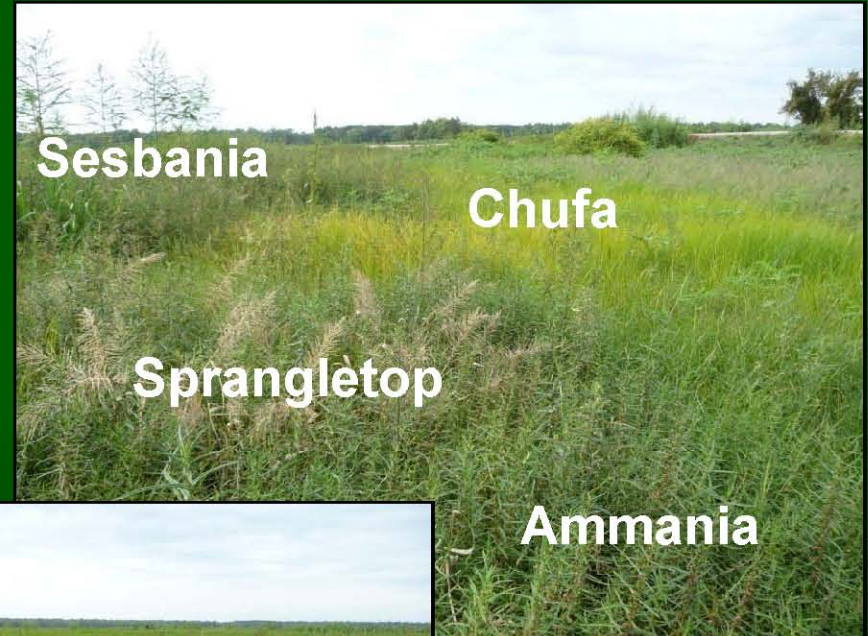
MOIST-SOIL DRAWDOWN REPNONSE

Early Succession (after disturbance)

Early Drawdown	Mid Drawdown	Late Drawdown
+ Big-seeded smartweed		
+ Nodding smartweed		
	+ Beggarticks	+ Beggarticks
	- Cocklebur	- Cocklebur
		+ Sprangletop
		+ Panic grass
		+ Crab grass
		+ Ammania
		- Sesbania
+ Redroot sedge	+ Redroot sedge	+ Redroot sedge
+ Millet (colonom)	+ Millet (crus-galli)	+ Millet (walteri)
- Purple loosestrife	- Purple loosestrife	- Purple loosestrife

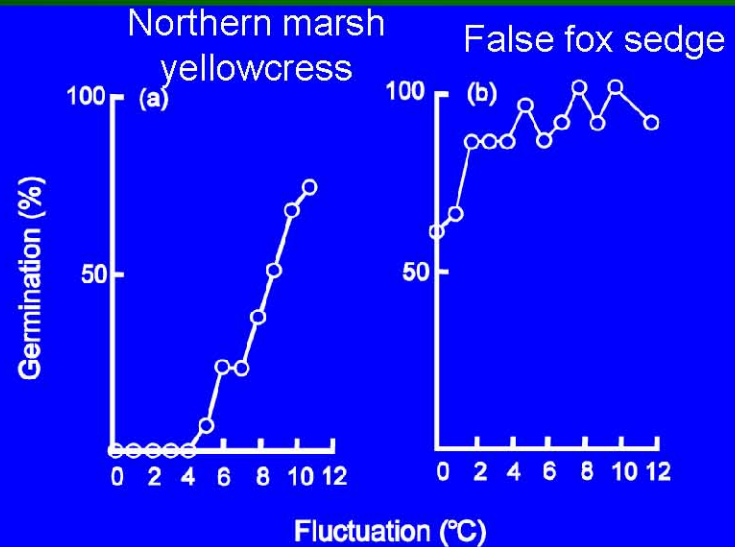
DRAWDOWN REPONSE

Variability will result from differences in
soils, topography, and climate



SOIL TEMPERATURE FLUCTUATIONS

An increase in soil temperature fluctuations can incite germination.



Germination responses diurnal temperature fluctuations with an 18h photoperiod. (a) *Rorippa islandica* (b) *Carex otrubae* (after Thompson and Grime, 1983)

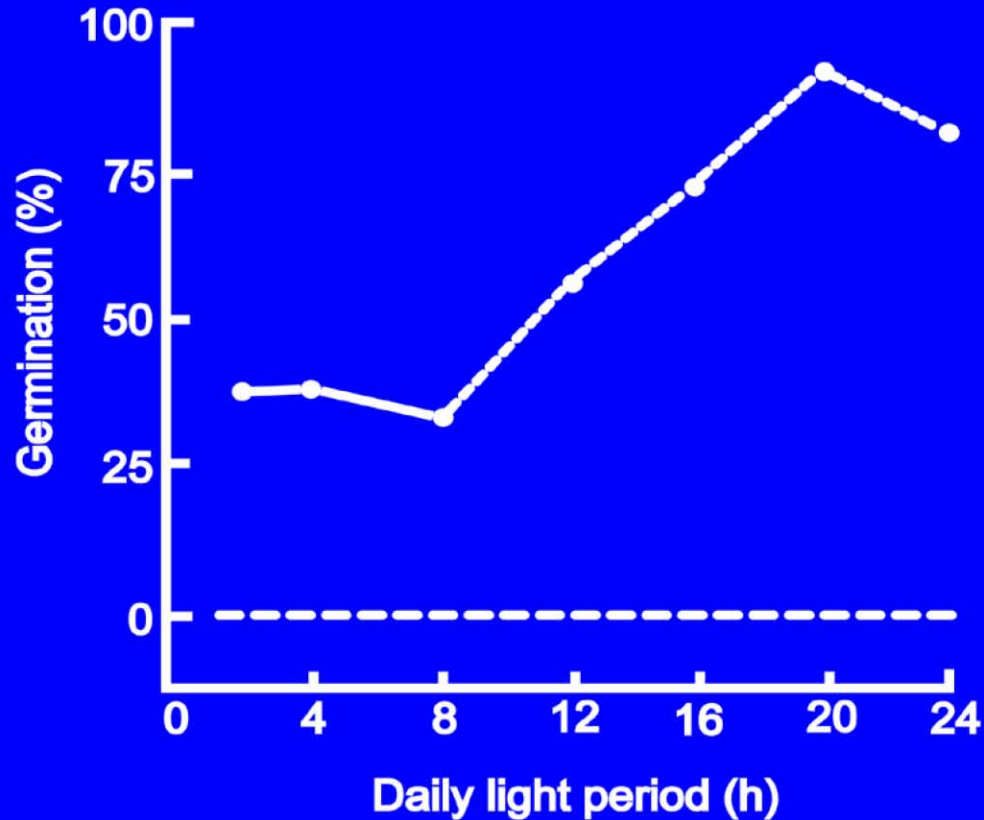
From Fenner (1985)

LIGHT

- Most important factor for submerged plant distribution
 - Some species will grow under ice if light is adequate
- Amount of light determined by:
 - Water depth: <50% incident natural sunlight penetrates 1 m of pure water
 - Time of day/year - most light reflected when “long light”, i.e. sunrise/sunset and winter months
 - Shading by vegetation
 - Heavy periphyton can reduce plant productivity
 - Suspended solids, dissolved organic and inorganic compounds can scatter light & absorb heat



Photo Period



Response of seeds of birch (*Betula pubescens*) to various photo periods. Temperature during the tests was 15° C. Dotted line, dark control (from Bewley and Black 1982, after Black and Wareing, 1955).

From Fenner (1985)

WATER CHEMISTRY

- Conductivity (total dissolved salts)
- Salinity
- pH
- Dissolved oxygen
- Nutrients
- Pollutants

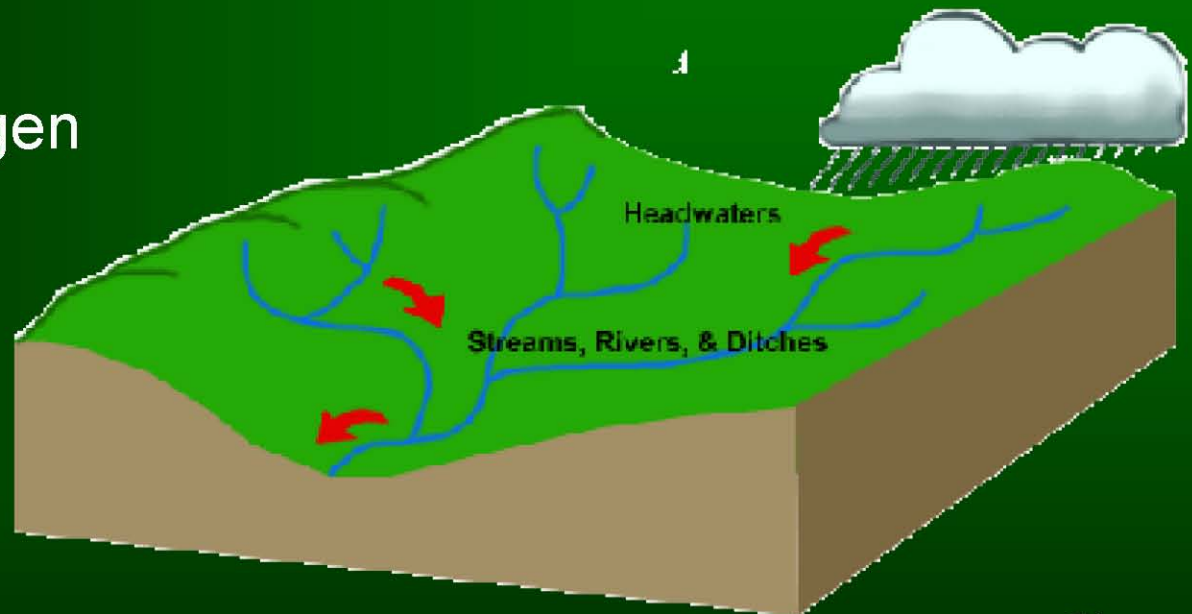


Diagram 11

MANAGEMENT

- Many tools available to control pests and promote native beneficial plants
- Need to understand your system
 - Biotic Factors
 - Abiotic Factors
- Need to understand growth characteristics of plants present
 - Create conditions favorable for good species
 - Implement effective control for invasive species
- **NO COOKBOOK ANSWER!!**

**MONITOR
HAVE PATIENCE**

Disturbance and Wetland Succession

DISTURBANCE - Natural or managed
(drawdown, tilling, etc)

Mud flats

Moist-soil



“OPEN MARSH”

Deep Water center & Ring
of emergents

Annuals / Emergents



Perennials



Floating



Submergents

- IF NO DISTURBANCE:
 - Lower Seed Production
 - More Perennials
 - More Woody Vegetation

**EQUIPMENT USED TO MIMIC
HISTORICAL ECOLOGICAL
DISTURBANCE**

DRAWDOWNS

- Gradual basin slope ideal; microtopography
 - Small drops in water level can expose large areas
- Slow drawdown forces roots deeper to seek water
- Germination of moist-soil plants → high quality forage
- Consider seed release by both desired and undesired spp.
- Expose organic matter to O₂
 - Increased decomposition
 - “Firms up” bottom
- Concentrate food resources (inverts, seeds)

RE-FLOODING OR FLOOD-UP

- Increase water levels SLOWLY
- Release of Nitrogen & Phosphorus into water
 - Available for plants and inverts
- Perennials often persist/come back quickly
 - Mechanisms to survive water fluctuations
- Must understand water budget before flood/drawdown

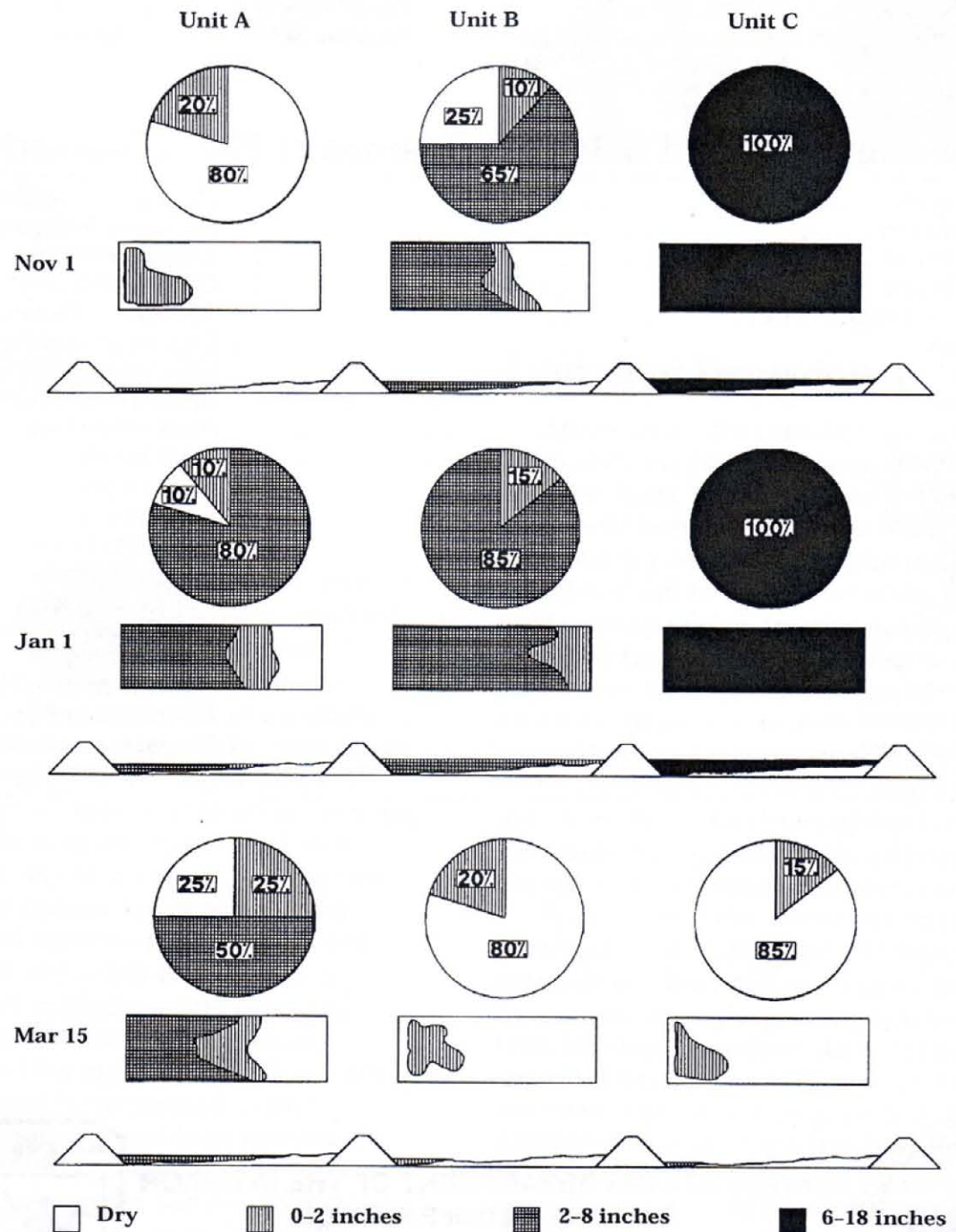
SPATIAL & TEMPORAL VARIABILITY

Management units

- Drawdown
- Very shallow flooding
- Shallow flooded
- Deeper water for divers
- Rotate among units

Restoration design

- Historical flooding regimes
- Historical records
- Multiple hydroperiods



LAST THOUGHTS

- Combination of management strategies may be needed to achieve desired results.
 - May take more years
- Know your system
 - Climatic variability
 - Position in landscape, substrates
 - Ecology of plant species present and/or desired
- Get in the field throughout entire growing season

VARIABILITY IS KEY TO SUCCESS!

Stability is “...deadly to a marsh system...” (Weller 1978)



OR



QUESTIONS?